



June 27, 2019

QuitlineNC Adds New Protocol for NC Residents with Behavioral Health Conditions

Starting June 26, 2019 QuitlineNC offers more services to North Carolina residents with behavioral health conditions. QuitlineNC will provide seven specialized tobacco treatment calls with quit coaches uniquely trained to work with those with behavioral health disorders, as well as **12 weeks of combination nicotine replacement therapy (patches plus gum or lozenges)**. Participants can also use TTS Listserv - March '17, July '17, May '18, August '18, October '18, March '19, June '19 web coaching and texting to support their quit efforts. (**See the attached Summary of Services** for up-to-date information on all of the services provided by the QuitlineNC)

Anyone enrolled in the behavioral health protocol can have a letter sent to their healthcare provider advising them that this person is working to become tobacco free. This protocol **nearly doubles** the likelihood that a participant with a behavioral health condition will become tobacco free, compared to in the standard set of services.

To access this tailored service, callers need to let the Quit Coach know about their behavioral health disorder and that their disorder will affect their ability to quit tobacco. To refer clients, send a [fax referral form](#) to [QuitlineNC](#) and remind them to say yes when their Quit Coach asks if their behavioral health condition will affect their ability to quit.

<http://www.eastpointe.net/wp-content/uploads/2019/06/Summary-of-Services-Flier-as-of-6-24-2019.pdf>

